

THE BUILDER

The Newsletter of the First Baptist Church of Dunn, N.C. September 2021 Issue





No doubt we have all heard the saying, "You are what you eat!" It is a familiar idiom that may be so much a part of our psyche that we don't pay it much mind. As a child, taking this lit-

erally, I thought the saying was funny wondering if I ate a lot of carrots, I'd become a carrot or since my dad loved green beans, he'd one day become a green bean. That of course is silly. Still, there was truth in the statement. Our health is greatly affected by what we take in. We can overload our system with things that are not healthy for us. Too much salt and we can become hypertensive. Too much sugar and we can develop diabetes. Too much fat and we can develop heart problems. We need to be balanced in what we eat, or we invite problems.

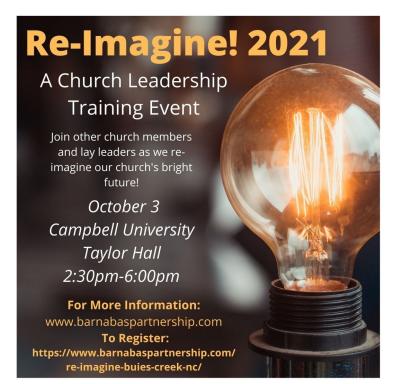
There is another idiom that I find truthful, "We think like those to whom we listen!" This is not as well-known but certainly is just as powerful, maybe more so. You've heard me say before how the statement "As a man thinketh in his heart, so is he," awakened me to guarding my thoughts as a teen-ager. We become the sum of our thoughts. Our thoughts direct our passions, our loyalties, our faithfulness. I'm not sure how many of us stop daily to think about it. What we choose to listen to will help decide how we think. Guarding what we decide to hear helps us become who we want to be.

Psalm 101:8 says, "Every morning I will put to silence all the wicked in the land." What is the first thing you do in the morning? Do you look at your cellphone? Do you turn on the television? Do you read the news to find out what has gone on in the world while you were asleep? Do you realize that in doing these things you have surrendered your thinking to the 'wicked in the land?' What do you think would happen if instead you surrendered to God's silence first thing and were still before the Lord? What do you think would happen if the first thing you did was to listen to Scripture?

I love Friday mornings. Fridays are my quiet days. Some Fridays I don't speak a word until after lunch. I do my devotions, have my time of prayer without feeling I must get to the office. I try to finish my sermon. My thoughts are mostly uninterrupted. I don't turn on the television. I don't ask Alexa to play any music. Cathy and I may text about our day, but that's it. Even with the lawn mower running it seems quiet. On Fridays, I sense my thoughts are clearer, my attitude is better, I am more positive and at peace on Fridays. Friday is the day I practice Sabbath rest. I am refreshed in part because I don't have so many background noises souring my spirit. I think God has an easier time getting my attention on Fridays because I am not surrendering my attention as much to the 'wicked in the land.'

As I write this, I am looking at the bulletin for Sunday. The verse on the front is from John 6:56, "Those who eat my flesh and drink my blood abide in me, and I in them." It occurs that this too can be applied to deciding what and who we listen to; what we allow to fill our spirits. We are what we eat, and---we do think like those to whom we listen. God wants us to feast on Jesus. God wants us to nurture good listening habits as well as good eating habits. When you protect your ears, you protect your heart.

Think about what is playing in the background. Maybe turning it off and letting the Holy Spirit speak to your heart in silence is just what you need to discover the wonder of God's peace given just for you. If we would feast more on Jesus, perhaps we'd be more like him.





Our goal with church media is to enhance worship and communicate the Gospel well! New equipment including projectors will allow our sound, video and streaming to work together!

OUR GOAL: \$26,000 RAISED TO DATE: \$11,770



Come help us celebrate Parrish Smith and

Alex Matthews Sun., Oct. 3 from 3:00-5:00

Registered at Bed, Bath & Beyond,

Royal Gifts & Fine China in Clinton & Target

Given by the Sanctuary Choir



Budget Update (8/22/21)
Received YTD \$237,035.52
Required YTD \$288,318.64
Budget Deficit YTD (\$51,283.12)

You may give online at www.fbcdunn.com, by using the app or by mail to 309 W. Broad St., Dunn, NC 28334





5th: 9:45a -Sunday School (no evening activities)

8th: 6:30p - Youth Bible Study 12th: 9:45a - Sunday School

- 6pm Youth Fellowship

15th: 6:30p - Youth Bible Study 19th: 9:45a - Sunday School

- 6pm Youth Fellowship

22nd: 6:30 Bible Study

24th-26th Youth Retreat Caswell (no evening activities on 26th)





Candle Lighter

Sept. 5 Brandt West

Sept. 12 Bill Tarplee

Sept. 19 Wyatt West

Sept. 26 Grace Overby

Scripture Reader

Sept. 5 Zoey Godwin

Sept. 12 Ella Holland

Sept. 19 Aubrie Wise

Sept. 26 Mary Charlotte Pope

Sound System

Sept. 5 Mark Dunham

Sept. 12 Ron Dupree

Sept. 19 Chris Sinclair

Sept. 26 Michael Stephens

Radio Lesson

Sept. 5 Larry Snipes

Sept. 12 David Moore

Sept. 19 Kelly McLamb

Sept. 26 Bo Jones



Sept. 5 Family Worship Together

Sept. 12 Sara Williams & Miranda Moore

Sept. 19 Angela Jones & Kathy Fennell

Sept. 26 Lauren Stephens & Courtney Phillips

Unlocking/Locking

Sept. 5 & 8 Marshall Hinson

Sept. 12 & 15 Bo Jones

Sept. 19 & 22 Chris McDaniel

Sept. 26 & 29 TBD

SEPTEMBER EVENT & BIRTHDAY CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Regular Activities 9:45 Sunday School 11:00 Worship Service 5:00 Handbells 1st/3rd Wks.			Regular Activities 5:45 Virtual Bible Study 6:30 Kids Club 252 6:30 Youth Bible Study 6:30 Adult Bible Study			
			1 Glynn Jernigan Lynn Jernigan	2	8	4 Kate Avery
5 NO BREAKFAST TODAY Mark Dunham Krystal Jordan	6 HAPPY ABOUT Office Closed	7	8 Tory Byrd Joedi Jordan	9 Edna Cannady	10 Jonathan Blackburn	11 Rob Jones Anthony Weeks
12 6:00 Youth Fellowship	13 7:00 Deacon's Meeting	41	1.5	16	17 Christopher Moore	18 Elizabeth Emory
19 6:00 Youth Fellowship	20 Taylor Wells Alexa Wise	21 Judy Humphrey	22 Aaron Smith	23	24 BEACH R September 2. North Carolina Baptist A. Wanda Golding Maria Wadzinski Sussy Wadzinski Phylis Weeks	CBFNC Youth BEACH RETREAT September 24-26, 2021 North Carolina Baptist Assembly at Fort Caswell a Wadzinski v Wadzinski s Weeks Carl Barbour
26 Mary Lassiter Loye Yung	27 Mackie Brown Phyllis Lawrence	28 Jared Kerney David Lawrence	29 Whitney Guthrie Terry Hardison	30		

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First Baptist Church of Dunn, Inc. 309 West Broad Street
Dunn, NC 28334
(910) 892-6161



Pastor Minister to Families & Outreach Minister of Music Accompanist Administrative Assistant Custodian Dr. Len Keever Sara Williams Kathryn Wise Mary Sue Godwin Angela Jones Kevin Snipes



Sunday School

Join us each Sunday at 9:45 as we work our way through the Bible with "Faithweaver".

Wednesday Nights at 6:30pm

CLUB 252 kicks off programing! With Kids Choir and discipleship classes .

There is a place for every Pre-K to 5th grader!



"And Jesus grew in wisdom and stature and in favor with God and man." - Luke 2:52



Exciting News!
We are getting
handbells for the
children. Information
to come soon.



DIKIDS CHILDREN'S MISSIONS

Deep Impact Kids Weekend

Calling all 2nd—5th graders!
November 5th—7th, 2021

Cost: \$110

Where: Duplin, NC \$50 Deposit

DI Kids is a wonderful mission experience where kids get to serve in a community doing mission projects, worship, learn

and play in a camp setting.

We encourage families to come together!

Contact Sara for any questions and to sign up!